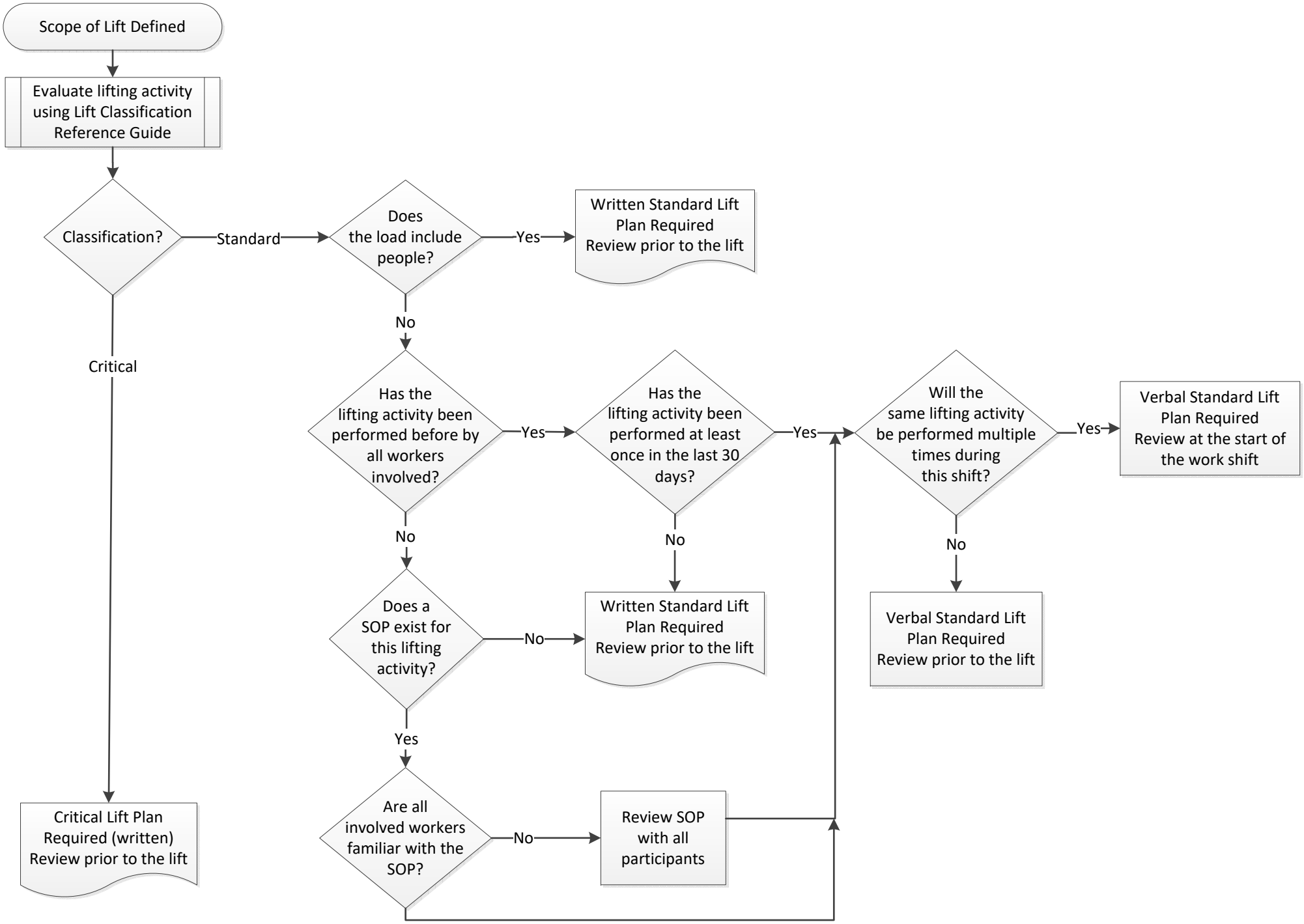Determination of Written or Verbal Lift Plan Process